

2015
Hamilton Township Rangers
Track & Field



Season Summary

2015 Track & Field Team Season Accomplishments

<i>Meet Name</i>	<i>Results 2014</i>	<i>Results 2015</i>
MSL Buckeye Boys	1 st of 8 teams	3 rd of 8 teams
MSL Buckeye Girls	5 th of 8 teams	3 rd of 8 teams
Larkin Invitational	did not attend	9 th of 12 teams
Larkin Invitational	did not attend	11 th of 12 teams
Cardinal Relays Boys	did not attend	2 nd of 6 teams
Cardinal Relays Girls	did not attend	4 th of 7 teams
All-Star Boys	4 th of 16 teams	4 th of 16 teams
All-Star Girls	8 th of 16 teams	4 th of 16 teams
Elmo Kallner Boys	1 st of 12 teams	4 th of 12 teams
Elmo Kallner Girls	8 th of 12 teams	5 th of 12 teams
Dublin Classic Boys	7 th of 16 teams	11 th of 15 teams
Dublin Classic Girls	13 th of 16 teams	8 th of 16 teams
Golden Eagle Relays Boys	4 th of 12 teams	5 th of 14 teams
Golden Eagle Relays Girls	10 th of 13 teams	14 th of 16 teams
Red Raider Relays	did not attend	2 nd of 7 teams
Red Raider Relays	did not attend	1 st of 7 teams
Booster Boys	1 st of 12 teams	1 st of 12 teams
Booster Girls	3 rd of 12 teams	2 nd of 12 teams

Teams Defeated by Boys Track & Field Team: (42)

Africentric Early College, Amanda Clearcreek, Bexley, Beechcroft, Bishop Hartley, Bishop Ready, Bishop Watterson, Bloom Carroll, Buckeye Valley, Central Crossing, Columbus Academy, Columbus Independence, Columbus South, Centennial, Centerburg, Chillicothe, Delaware Hayes, Eastmoor Academy, Franklin Heights, Grandview Heights, Groveport Madison, Harvest Prep, Heath, Horizon Science Academy, Kenton Ridge, Liberty Union, Licking Heights, Logan Elm, London, Marion Franklin, Marion Harding, Mifflin, Newark, Northland, Northridge, Olentangy, St. Charles, Upper Arlington, Walnut Ridge, Washington Court House, Whitehall Yearling, Worthington Kilbourne

Teams Defeated by Girls Track & Field Team: (39)

Africentric Early College, Amanda Clearcreek, Beechcroft, Benjamin Logan, Bishop Hartley, Bishop Ready, Bloom Carroll, Buckeye Valley, Centerburg, Central Crossing, Columbus Academy, Columbus Independence, Columbus South, Chillicothe, Dublin Jerome, Franklin Heights, Grandview Heights, Groveport Madison, Harvest Prep, Hilliard Bradley, Horizon Science Academy, Kenton Ridge, Liberty Union, Licking Heights, Logan Elm, London, Marion Franklin, Marion Harding, Mifflin, Northland, Northridge, St. Francis DeSales, Teays Valley, Upper Arlington, Walnut Ridge, Washington Court House, Wellington, Whetstone, Whitehall Yearling, Worthington Kilbourne

Season By the Numbers

(4) School Records Broken

Aaron Johnson Discus

Mckenzie Long 100m

Mckenzie Long 200m

Girls SMR 1-1-2-4 Relay (Shanell Hayes, Zadei Edwards, Mckenzie Long, Aaliyah Solis)

(55) Top-20 All-Time Records Broken

(9) Top-5 All-Time Freshman Class Records Broken

(8) Top-5 All-Time Sophomore Class Records Broken

(1) Top-5 All-Time Junior Class Records Broken

(4) Top-5 All-Time Senior Class Records Broken

**See "Record Book" for new "All-Time" record holders.

(5) Columbus Dispatch Track & Field Honor Roll

Aaron Johnson Shot Put & Discus

Zadei Edwards 300m Hurdles, 4x100, 4x200

Shanell Hayes 4x100 & 4x200

Aaliyah Solis 4x100 & 4x200

Mckenzie Long 4x100 & 4x200

(10) District Placers

Aaron Johnson Shot Put (Runner-Up) & Discus (Champion)

Khari Berger 4x200

Wes Payne: Long Jump & 4x200

Xavier Harris 4x200

Trey Johnson 4x200

Jacob Maynard Pole Vault

Shanell Hayes 4x100 & 4x200

Zadei Edwards 300m Hurdles, 4x100 & 4x200

Aaliyah Solis 4x100 & 4x200

Mckenzie Long 100m, 4x100 & 4x200

MSL Award Winners

1st Team All-MSL

Khari Berger	4x400
Zadei Edwards	100m Hurdles 300m Hurdles 4x100 & 4x200
Shanell Hayes	4x100 & 4x200
Trey Johnson	4x400
Mckenzie Long	100m & 4x100
Wesley Payne	4x400
Jazlyn Simon	4x100
Aaliyah Solis	200m & 4x200
Andrea Thompson	4x200
Thomas Wilson:	200m 4x400

2nd Team All-MSL

Khari Berger	100m
Aaron Johnson	Shot Put Discus
Jazlyn Simon	High Jump Long Jump
Aaliyah Solis	100m

Honorable Mention

All-MSL Team

Khari Berger	4x200
Xavier Harris	110m Hurdles 4x100 & 4x200
Trey Johnson	4x100 & 4x200
Jacob Maynard	4x100
Wesley Payne	4x100 & 4x200
Thomas Wilson	100m

MSL Place Winners

Khari Berger	400m
Heaven Bridges	Shot Put Discus
Calvin Godsey	4x800
Xavier Harris	Long Jump
Shanell Hayes	300m Hurdles 4x400
Trey Johnson	200m
Benny King	4x800
Mckenzie Long	400m
Jacob Maynard	300m Hurdles
Shea Mercer	High Jump
Trinity Palmer	Pole Vault
Jazlyn Simon	4x400
Patrick Robinson	4x800
Jacob Rollins	4x800
Aaliyah Solis	400m
Andrea Thompson	Long Jump 4x400
Natalia Welton-Torres	100m Hurdles 800m & 4x400
Thomas Wilson	400m
Kaitlynn Yost	High Jump

MSL Running Athlete of the Year

Zadei Edwards

VARSIY LETTER & PARTICIPATION AWARDS

Boys

Participation Award

Aaron Godsey
Greg Hogle
Devin Johnson
Kyle McGlone
Garrick Napier
Jason Plantz
Patrick Robinson

1st Year Varsity Award

Austin Burgette
Christian Davidson
Calvin Godsey
Chris Green
Benny King
Shea Mercer
Jacob Ralston
Ben Sipe
Josh Vega

2nd Year Varsity Award

Trey Johnson
Jacob Maynard
Derrick O'Neal
Wesley Payne
Jacob Rollins
Josh Sweet

3rd Year Varsity Award

Khari Berger
Xavier Harris

4th Year Varsity Award

Aaron Johnson
Thomas Wilson

Girls

Participation Award

Alison Belcher
Sydney Curry
Sophie Little
Cheyenne McClain
Logan Stepp
Ariel Thevenin

1st Year Varsity Award

Kendalynn Green
Xandria Harris
Mckenzie Long
Makenzie McClain
Maddie Rollins
Jazlyn Simon
Andrea Thompson

2nd Year Varsity Award

Heaven Bridges
Shanell Hayes
Trinity Palmer
Aaliyah Solis
Alicia Sweet

3rd Year Varsity Award

Naomi Dillon
Kaitlynn Yost

4th Year Varsity Award

Zadei Edwards
Natalia Welton-Torres

Senior Athlete Career Summary
Ali Belcher (Distance)

Ali Belcher	2012	2013	2014	2015
800m	-	-	3:16.55	3:08.86
1600m	-	-	-	7:22.49

ATTENDING THE UNIVERSITY OF AKRON

Senior Athlete Career Summary
Zadei Edwards (Hurdles)

Zadei Edwards	2012	2013	2014	2015
100m Hurdles	19.58	17.32	17.20	15.91
300m Hurdles	48.90	49.17	48.94	48.07

4-YEAR VARSITY LETTER WINNER

ATTENDING CENTRAL STATE UNIVERSITY

SCHOOL RECORD HOLDER INDOOR 4x200 RELAY
SCHOOL RECORD HOLDER SPRINT MEDLEY RELAY

2014: AAU Junior National Qualifier
2015: MSL Buckeye Runner of the Year

Senior Athlete Career Summary
Xavier Harris (Hurdles/Jumps)

Xavier Harris	2012	2013	2014	2015
Long Jump	-	18'1.75"	18'10.5"	19'3"
110m Hurdles	-	17.47	16.61	16.47
300m Hurdles	-	44.17	44.15	45.31

ATTENDING BOWLING GREEN STATE UNIVERSITY

SCHOOL RECORD HOLDER MID-DISTANCE MEDLEY RELAY

3-Year Varsity Letter Winner

2015: MSL Honorable Mention 110 Hurdles
 MSL Honorable Mention 4x100
 District Place Winner 4x200

Senior Athlete Career Summary
Aaron Johnson (Throws)

Aaron Johnson	2012	2012	2013	2014
Discus	119'10"	111'2"	141'7"	161'10"
Shot Put	35'8.5"	40'11"	49'3"	52'0"
Weight Throw	29'8.5	-	37'9"	40'4"

ATTENDING OHIO CHRISTIAN UNIVERSITY

4-Year Varsity Letter Winner

SCHOOL RECORD HOLDER DISCUS

2015: MSL Runner-Up Shot & Disc
 District CHAMPION DISCUS

Senior Athlete Career Summary
Jacob Ralston (Throws)

Jacob Ralston	2012	2013	2014	2015
Discus	56'2"	63'11"	65'3"	70'10"
Shot Put	23'8"	29'9"	33'8"	28'9.5"
Weight Throw	19'11"	27'0.75"	26'1"	28'8"

ATTENDING OHIO CHRISTIAN UNIVERSITY or OU

**4-YEAR TRACK ATHLETE
VARSITY LETTER WINNER**

Senior Athlete Career Summary
Ben Sipe (Distance)

Ben Sipe	2012	2013	2014	2015
400m	76.74	77.02	70.63	68.79
800m	3:12.59	2:48.94	2:49.91	2:48.03
1600m	-	6:33.15	7:08.00	5:56.36

ATTENDING THE OHIO STATE UNIVERSITY

**4-YEAR TRACK ATHLETE
VARSITY LETTER WINNER**

Senior Athlete Career Summary
Josh Sweet (Throws)

Josh Sweet	2012	2013	2014	2015
Discus	83'8"	98'5"	105'10"	113'3"
Shot Put	33'10.5"	39'6"	40'4"	44'9.25"
Weight Throw	25'5"	30'7"	29'1"	33'6"

ATTENDING WRIGHT STATE UNIVERSITY

4-YEAR TRACK ATHLETE
2-YEAR VARSITY LETTER WINNER

Senior Athlete Career Summary
Natalia Welton-Torres (Multi-Event)

Natalia	2012	2013	2014	2015
1600m	-	-	-	5:50.90
800m	-	-	2:40.79	2:35.52
100m Hurdles	17.37	17.96	-	18.48
High Jump	4'2"	-	-	4'4"

ATTENDING KENT STATE UNIVERSITY

4x VARSITY LETTER WINNER

Senior Athlete Career Summary
Thomas Wilson (Sprints/Jumps)

Thomas Wilson	2012	2013	2014	2015
60m	-	7.59	7.58	7.51
100m	-	11.31	11.26	11.24
200m	24.46	23.10	23.10	22.71
400m	57.58	56.24	58.04	53.43
Triple Jump	-	38'1"	39'1.5"	40'0.5"

ATTENDING WITTENBERG UNIVERSITY

4-YEAR VARSITY LETTER WINNER

SCHOOL RECORD HOLDER SPRINT MEDLEY RELAY
SCHOOL RECORD HOLDER OUTDOOR TRIPLE JUMP

2014: AAU JUNIOR NATIONAL QUALIFIER

2015: Indoor State Qualifier in Triple Jump

MSL Champion 200m & 4x400m Relay

Senior Athlete Career Summary
Kaitlynn Yost (Jumps)

Kaitlynn Yost	2012	2013	2014	2015
100m	15.64	15.57	15.04	15.41
200m	32.78	33.24	32.04	33.03
Long Jump	-	11'2"	13'5"	13'4"
High Jump	4'0"	4'8"	4'6"	4'6"

4-YEAR TRACK ATHLETE
3x VARSITY LETTER WINNER